

TRAVEL ARRANGEMENTS

Travel and Discounted Hyatt Regency Hotel Arrangements

PLEASE CALL ADMIRAL TRAVEL:

888.722.3401 or 941.951.1801

1284 N Palm Ave., Sarasota, FL 34236

www.admiraltravel.com

ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the Florida Medical Association and ISCVDP.

The Florida Medical Association is accredited by the ACCME to provide continuing medical education for physicians.

The Florida Medical Association designates this live activity for a maximum of 13.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

LEARNING OBJECTIVES

This course is designed to present for participants:

- Review of Novel Approaches for Early Cardiovascular Disease Prevention and Optimal Diagnosis and Management of Primary and Secondary Cardiovascular Diseases in order to avert or delay a Catastrophic Cardiovascular Event
- Update on Hypertension and Cardiorenal Syndrome
- Update on Treatment Modalities for Ischemic Heart Disease In Women
- Update on Novel Approach for treatment of Dyslipidemia: PCSK9 Inhibitors
- Update on Systematic Approach to Risk Stratification And Screening
- Update on the use of Imaging Modalities for the Diagnosis and Management of CV Disease
- Update on Diabetic Heart Disease and Heart Failure

TOPICS:

- Novel Approach for Cardiovascular Disease Assessment & Prevention
- Management of Diabetes & Obesity
- New Guidelines in Hypertension and Dyslipidemia/PCSK9 Inhibitors
- Current and Future Management of Dyslipidemia and Atherosclerosis
- Women's Heart Disease
- Update on the current management of Deep Vein Thrombosis
- Stroke Prevention in NVAf
- Update on New Guidelines for Treatment of Diabetes, Hypertension, Dyslipidemia and Heart Failure
- Sleep Disorders and Heart Disease
- Update on Cardiovascular Imaging
- Dietary Management
- Cardio Oncology



REGISTRATION

REGISTER HERE: [Medtelligence.net/Feb7](https://www.Medtelligence.net/Feb7)

PHYSICIANS..... \$175.00
(Prior to October 15, 2019, \$250 thereafter)

OTHER HEALTH CARE PROFESSIONALS \$75.00

ISCVDP MEMBERS & PREVIOUS ATTENDEES\$100.00
(Limited to 100, Prior to October 15, 2019)

MEDICAL STUDENTS AND NURSES (FIRST 50 REGISTRANTS) Free

Public invited free for SUNDAY MORNING session.

Space is limited, must pre-register.

Only confirmed attendees will be allowed in.

Optional lunch for healthcare providers:

(Free lunch for the 100 healthcare providers who register first)

☐ Yes I will attend ☐ No, I will not attend

PHYSICIANS ONLY Optional free dinner symposiums:

(Dinner limited to only 75 physicians / first registered, first served)

☐ Yes I will attend ☐ No, I will not attend

Make checks payable to:

International Society for Cardiovascular Disease Prevention
20th Annual Congress on Early Cardiovascular Disease Prevention
and mail to the address listed below.*

FOR CREDIT CARD PAYMENT ONLINE AT [ISCVDP.org](https://www.iscvdp.org)

REGISTRATION FORM

Name: _____

Title: _____

Address: _____

City: _____ State: _____ Zip: _____

Facility: _____

Phone: _____ E-mail: _____

Name on Card: _____

Card No.: _____ Exp ____ / ____

Only confirmed attendees will be allowed in.

*Clip & Send Registration Form & Appropriate Fee to:

International Society for Cardiovascular Disease Prevention
20th Annual Congress on Early Cardiovascular Disease Prevention
PO Box 433, Sarasota, FL 34230.

May also register online at [Medtelligence.net/Feb7](https://www.Medtelligence.net/Feb7)

For additional information, please call 941.366.9800 or visit www.iscvdp.org
or www.cardiologycenter.net

20TH ANNUAL
NATIONAL SARASOTA CONGRESS ON
CARDIOVASCULAR DISEASE PREVENTION:

UPDATE 2020

20 Renowned Faculty

20th
Congress

2020

February 7, 2020 1:00-5:00 PM (Optional Program)

February 8-9, 2020 (CME Program - **13 Hours**)

HYATT REGENCY, SARASOTA, FLORIDA

1000 Blvd of the Arts | Sarasota, FL 34236

CME ACCREDITED PROGRAM

JOINTLY PROVIDED BY: The International Society for Cardiovascular Disease Prevention (ISCVDP), The Cardiovascular Center of Sarasota Foundation for Research and Education, The Cardiovascular Health Assessment Center and The Florida Medical Association (FMA)



IN COOPERATION WITH: University of Minnesota, Center for Cardiovascular Disease Prevention, Sarasota Memorial Healthcare System, Association of Black Cardiologists (ABC), and The American College of Cardiology Florida Chapter



For details and registration visit **Medtelligence.net/Feb7**

For travel arrangements visit www.admiraltravel.com

FACULTY

20TH ANNUAL NATIONAL SARASOTA CONGRESS ON CARDIOVASCULAR DISEASE PREVENTION: UPDATE 2020

20 Renowned Professors of Cardiology who are experts and excel in educating on topics related to ASCVD prevention will be the host Faculty for this International Society for Cardiovascular Disease Prevention (ISCVDP) Congress to discuss incorporation of these new developments into clinical practice. In addition to lectures, there will be interactive case presentations to encourage discussion and audience participation.



Mahfouz El Shahawy, MD, MS, FACP, FESC, FASPC, FASH, FSCCT, FAHA, FACC
PROGRAM DIRECTOR

PRESIDENT, INTERNATIONAL SOCIETY FOR CARDIOVASCULAR DISEASE PREVENTION (ISCVDP)

Fellow American Society of Preventive Cardiology
Clinical Professor of Medicine, Universities of Florida and South Florida
Golden Doctor Diploma University of Vienna Austria 2014

Member Board of Trustee American Society of Preventive Cardiology [ASPC]
Past Member Board of Trustees Association of Black Cardiologists [ABC]
Medical Director, Cardiovascular Health Assessment Center
President, Cardiovascular Center of Sarasota
Medical Director and Founder SMH Cardiovascular Disease Prevention Center 2007 - 2010
SARASOTA, FL



Jay N. Cohn, MD, FACC, FAHA
PROGRAM CO-DIRECTOR
VICE PRESIDENT, ISCVDP

Professor of Medicine
Director, Rasmussen Center for Cardiovascular Disease Prevention
University of Minnesota Medical School
President American Society of Hypertension, 1990-1992
President International Society of Hypertension, 1996-1998
President Heart Failure Society of America, 1995-1998
President International Society of Cardiovascular Pharmacotherapy, 2008-2010
MINNEAPOLIS, MN



Matthew Budoff, MD, FACC
Professor of Medicine, UCLA
Endowed Chair of Preventive Cardiology

Program Director, Division of Cardiology
Los Angeles Biomedical Research Institute
LOS ANGELES, CA



Anthony DeMaria, MD, FACC
PROGRAM CO-DIRECTOR
VICE PRESIDENT, ISCVDP

Professor of Medicine, Division of Cardiovascular Disease, U.C. San Diego, CA
President American College of Cardiology, 1989-1990
Editor in Chief, American Journal of Cardiology 2002-2014
SAN DIEGO, CA



Andrew E. Epstein, MD, FAHA, FACC, FHRS

Professor of Medicine
Electrophysiology Section,
Cardiovascular Division, University of Pennsylvania
Chief, Cardiology Section
Crescenz VA Medical Center
PHILADELPHIA, PA



Keith C. Ferdinand, MD, FACC, FAHA, FASH, FNLA
BOARD MEMBER, ISCVDP

Past Chairman Board of Directors
Association of Black Cardiologist (ABC)
Professor of Medicine Tulane University
NEW ORLEANS, LOUISIANA



John M. Fontaine, MD, MBA, FHRS, FACC

Professor and Director
Arrhythmia Services
Drexel University College of Medicine
President Association of Black Cardiologists (ABC)
PHILADELPHIA, PA



Thomas Kelly, MD, FACS
SECRETARY/TREASURER, ISCVDP

Cardiovascular Surgeon
Sarasota Memorial Hospital
SARASOTA, FL



Stephan Kopecky, MD, FACC
ASST. SECRETARY, ISCVDP

Professor of Medicine,
Division of Cardiovascular Disease
Mayo Clinic
Past President, American Society for Preventive Cardiology (ASPC)
ROCHESTER, MN



Elizabeth O. Ofili, MD, FACC
BOARD MEMBER, ISCVDP

Professor of Medicine (Cardiology)
Morehouse School of Medicine
President Elect. ABC Board of Trustees
Past President, Association of Black Cardiology
ATLANTA, GA



Carl J Pepine, MD, MACC, FAHA, FESC

Professor of Medicine, University of Florida
Chairman Vascular Biology Working Group
Past President American College of Cardiology
GAINESVILLE, FL



David Perloff, MD, FACC, FACP

Governor Florida Chapter American College of Cardiology
FORT LAUDERDALE, FL



Marc A. Pohl, MD

Consultant Staff, Department of Nephrology and Hypertension, Cleveland Clinic
Past Head, Section of Clinical Hypertension and Nephrology
Past Director, Center for Blood Pressure Disorders
Glickman Urological and Kidney Institute, Cleveland Clinic
CLEVELAND, OH



Jeffrey Sell, MD, FACS

Chief, Cardiovascular Surgery
Sarasota Memorial Healthcare System
SARASOTA, FL



Felix Sogade, MD, FACC, FHRS

Georgia Arrhythmia Consultant
Research Institute
Chairman of the Board, Association of Black Cardiologists (ABC)
MACON, GEORGIA



Laurence Sperling, MD, FACC, FAHA

Professor of Medicine (Cardiology)
Past President of the American Society for Preventive Cardiology
Director, Emory Heart Disease Prevention Center
Emory University School of Medicine
Professor, Global Health Hubert Department of Global Health Rollins School of Public Health at Emory University
ATLANTA, GEORGIA



Michael Valentine, MD, MACC

Immediate Past President,
American College of Cardiology
Stroobants Cardiovascular Center
LYNCHBURG, VIRGINIA



Nanette K. Wenger, MD, MACC, MACP, FAHA
PROGRAM CO-DIRECTOR
VICE PRESIDENT, ISCVDP

Professor of Medicine (Emeritus), Cardiology
Emory University School of Medicine
President Society of Geriatric Cardiology, 1994-1995
AHA Chair, Task Force, Heart Education for Women, 1990-1999
Past Chief of Cardiology, Grady Memorial Hospital
Consultant, Emory Heart & Vascular Center
ATLANTA, GEORGIA



David Wolinsky, MD, FACC, MASNC

Section Head Nuclear Cardiology
Director Cardiac Amyloid Center
Cleveland Clinic Florida
Past President American Society of Nuclear Cardiology
WESTON, FLORIDA

INTERNATIONAL FACULTY



Fausto Pinto, MD, FESC
BOARD MEMBER, ISCVDP

Professor of Medicine, Chief of Cardiology and Dean Medical School
President Elect World Heart Federation
Past President European Soc. of Cardiology
LISBON, PORTUGAL



Professor Sir Magdi Yacoub, FRS, FACE
BOARD MEMBER, ISCVDP

Imperial College London
Heart Science Center
HAREFIELD, MIDDLESEX, UNITED KINGDOM



AGENDA

Friday, February 7th, 2020

1:00 PM - 5:00 PM

Pre-Congress Optional Symposia on Current 2020 Guidelines Directed Treatments for Diabetes, Hypertension, Dyslipidemia, Obesity, Novel Oral Anticoagulants, Peripheral Arterial Disease, Pulmonary Hypertension, Heart Failure, Women's Heart Disease and much more. *This is not part of the regular CME Program. SPACE IS LIMITED. 1ST CONGRESS REGISTRANTS, 1ST SERVED.*

5:30 PM

Reception with Faculty and Exhibitors for Congress Residents BY INVITATION, RSVP REQUIRED

Saturday, February 8th, 2020 MORNING SESSION

6:00 AM

OPTIONAL BREAKFAST SYMPOSIA, TBA

7:00 AM

Registration

SESSION I:

Advances in the Past 12 Months in Cardiovascular Disease Prevention

Chairpersons: Drs. J. Cohn, M. El Shahawy, A. DeMaria, and C. Pepine

7:30 AM

Welcome

Program Director: *M. El Shahawy, MD, MS, FESC, FAHA, FASPC, FACC*;
Past Chairman Sarasota County Public Hospital Board: *Gregory Carter*;
Professors: David Verinder, President and CEO, SMH Healthcare System;
Co-Directors Professors: *J. Cohn, A. DeMaria, and N. Wenger*

8:00 AM

Slowing Cardiovascular Disease Progression: A 21st Century Approach to Prevention *J. Cohn, MD*

8:20 AM

Diabetes and Cardiovascular Risk Reduction *K. Ferdinand, MD*

8:40 AM

A Community Model for Reducing Myocardial Infarction: The San Diego Model *A. DeMaria, MD*

9:00 AM

Transforming Cardiac Rehabilitation: 2020 *N. Wenger, MD*

9:20 AM

ECG Pearls *A. Epstein, MD*

9:40 AM

COFFEE BREAK

9:55 AM

Stroke Prevention and Nonvalvular A Fib *D. Perloff, MD*

10:15 AM

Cardiac CT in 2020 *M. Budoff, MD*

10:35 AM

Cardio Renal Syndrome *M. Pohl, MD*

10:55 AM

Update in Myocardial Perfusion Imaging: Doing the Best Test, The Right Way, For the Right Patient *D. Wolinsky, MD*

11:15 AM

Current Diagnosis and Management of Peripheral Arterial Disease
M. El Shahawy, MD

11:30 AM

Panel Discussion Moderators: *Drs. M. El Shahawy, A. DeMaria, F. Pinto*
Panelists: *All Faculty*

12:30 PM

OPTIONAL LUNCH SYMPOSIA, TBA

Saturday, February 8th, 2020 AFTERNOON SESSION

SESSION II:

Advances in the Past 12 Months in Cardiovascular Disease Prevention

Chairpersons: Drs. M. El Shahawy, A. DeMaria, T. Kelly, and N. Wenger

2:00 PM

Heart Disease in Women: Understanding the Journey *N. Wenger, MD*

2:20 PM

New Cardiovascular Therapies in Diabetes *M. Budoff, MD*

Saturday, February 8th, 2020 AFTERNOON SESSION

2:40 PM

Management of the Silent Killer: Familial Hypercholesterolemia
S. Kopecky, MD

3:00 PM

Current Diagnosis and Management of Dyslipidemia Beyond Statin and PCSK9 *M. El Shahawy, MD*

3:20 PM

Evolving Concepts in Hypertension, Implications of Three Guideline Recommendations in Three Years *C. Pepine, MD*

3:40 PM

Risk Assessment Tools for Primary Cardiovascular Disease Prevention
L. Sperling, MD

4:00 PM

COFFEE BREAK

4:30 PM

Application of Myocardial Strain Measurements to Predict Cardiac Dysfunction *A. DeMaria, MD*

4:50 PM

Update on Oral Anticoagulants *D. Perloff, MD*

5:10 PM

Cardiac Surgery Update 2020: TAVR and Mitral Clips *J. Sell, MD*

5:30 PM

Panel Discussion Moderators: *Drs. T. Kelly, A. DeMaria, K Ferdinand, and Z. Fras*
Panelists: *All Faculty*

6:30 PM

OPTIONAL DINNER SYMPOSIA, TBA

Sunday, February 9th, 2020

PUBLIC IS INVITED TO ATTEND THIS FREE SESSION

SESSION III:

Advances in the Past 12 Months in Cardiovascular Disease Prevention

Chairpersons: Drs. M. El Shahawy, M. Yacoub, and N. Wenger

6:00 AM

OPTIONAL BREAKFAST SYMPOSIA, TBA

7:15 AM

Registration

8:00 AM

"Blood Pressure and Cholesterol: Are They the Targets for Therapy?"
J. Cohn, MD

8:20 AM

Can Artificial Intelligence Improve Cardiovascular Prevention and Patient Care? *E. Ofili, MD*

8:40 AM

Present Concepts and Recent Advances in Resistant Hypertension
K. Ferdinand, MD

9:00 AM

Remote Monitoring of Cardiac Patients: Arrhythmias and Heart Failure
A. Epstein, MD

9:20 AM

The 2019 ACC/AHA AFib Guidelines: What Has Changed? What About Prevention? *M. Valentine, MD*

9:40 AM

Statin Intolerance: Is It Real? What Are the Treatment Options?
S. Kopecky, MD

10:00 AM

COFFEE BREAK

10:30 AM

Ischemic Heart Disease in Women *C. Pepine, MD*

10:50 AM

The Genetics of Atrial Fibrillation, Risk Factors and Novel Therapies
J. Fontaine, MD

11:10 AM

Expert Consensus Decision Pathway DM and CVD *L. Sperling, MD*

11:30 AM

Hypertension Guidelines for 2020: Controversies *A. Schwartz, MD*

11:50 AM

The Expanding Role of Implantable Monitoring Devices for Cardiac Prevention *M. Yacoub, MD*

12:10 PM

Obesity Even Without Comorbidities is a Disease: Novel Data From Our Center *M. El Shahawy, MD*

12:30 PM

Panel Discussion Moderators: *Drs. M El Shahawy, T. Kelly*; Panelists: *All Faculty*

1:30 PM

Concluding Remarks and Adjourn